



Alexandra Park Primary School

Care, Aspire, Achieve



Physical Education Report 2025 - 26

Physical Education (PE) is a subject that provides children with the opportunity to express themselves outside of a classroom environment. PE gives children the chance to learn and develop skills through linked units over the primary school years. Being active plays an essential part in children's wellbeing, both physically and mentally. The children will learn the importance of exercise for their bodies along with the positive impact that it has on their social interactions. Children will be encouraged to communicate and cooperate as a part of a team, with exciting opportunities to represent Alexandra Park. At our school, we believe that participating in dance, gymnastics and sporting activities is essential for children to build self-confidence as well as developing their resilience. We will be entering a range of different competitions to ensure that there is opportunity for the children. Linked to our core values 'Aspire' and 'Achieve', PE can be a gateway for children's future. Through PE and our extracurricular activities, we are aiming to equip children with the necessary skills and determination to continue their journey, whether that is enjoying a new activity, representing a local team or becoming a professional player. Research has also shown that there is a positive correlation that links physical activity with children's academic learning.

Fundamental Great British Values

At Alexandra Park Primary School, we understand our responsibility in preparing children for their next stage of education and for the opportunities, responsibilities and experiences of later life, laying the foundations so that they can take their place successfully in modern British society. We promote a respect for and understanding of different faiths, cultures and lifestyles. The spiritual, moral, social and cultural development of each child is central to everything that we do as a school and central to our vision of "Care, Aspire, Achieve". This is evidenced through our teaching and learning, our inclusive environment and through the many opportunities provided for our children to understand democracy, law, liberty, mutual respect and tolerance.

Planning

At Alexandra Park Primary School, "Care, Aspire, Achieve" is at the forefront of our curriculum design. The PE curriculum is planned to engage and challenge our learners whilst encouraging them to show respect for others. We also want them to aspire to take on new sports and activities and achieve within them. Our aim in all foundation subjects is to embed our learning behaviours, which have been developed to raise standards and motivation across the school. PE is taught across the school twice a week (hour sessions) by the teaching staff. Teachers use the scheme 'GetSet4PE', which they adapt and alter to align with their class' needs.

Assessment

Within Physical Education, children are encouraged to explore the evaluation process by critically analysing their own and their peers' work. Throughout the lesson, teachers will assess through observations and questions and they will ensure that the learning is appropriately scaffolded. Teachers formatively assess by referring to the 2014 curriculum and the progression of skills document. Using professional judgment, teachers will adjust their planning from week to week to support/target specific children who need additional support or extra challenge. Other than this, teachers are aware of any physical difficulties that certain children may have and differentiate their planning accordingly.

Collecting Evidence

At Alexandra Park Primary School, we believe that all pupils should have the opportunities to share their pupil voice. Teachers and children have shown their enthusiasm and eagerness for the subject. The wide variety of sports available means that all children can find something that they enjoy and can succeed in. From pupil voice, children



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have been able to talk freely about what they enjoy in their PE lessons, which aspects of PE they find challenging and how particular skills can be improved or made more challenging.

Enrichment Opportunities

- Working with external professionals (Sports coaches and Annemarie for Dance)
- Annual event - Sports Day.
- Opportunities to participate in extracurricular activities as well as internal and external competitions.

Targets for 2025 - 26

- To ensure that the ECTs and any new staff are confident at planning and teaching PE.
- To ensure that playground opportunities align with the PE vision.
- To ensure that there are more aspire opportunities and chances for children to represent the school.

Longer-term targets

- To ensure that the spiral curriculum is developed and knowledge is retrieved/built upon each year.

SEND

