

## PE Vision Statement

*At Alexandra Park Primary School, we provide our children with a high-quality Physical Education (PE) curriculum that inspires children. We aim for children to enjoy and engage with PE because of the fantastic benefits that it has on their physical and mental wellbeing. Through PE lessons and enrichment opportunities, children have the chance to express themselves, work collaboratively and develop a variety of skills.*

### Care

Pupils are encouraged to participate in the excitement and challenges of PE. They will develop their resilience and self-belief by exploring a range of different units. Additionally, they will gain an appreciation of different cultures through different dance themes and topics linked to global events (the Olympics and World Cup). PE provides opportunities for children to work collaboratively and independently which helps to develop listening skills, and the awareness of different experiences and interests within their class.

### Aspire

Learning different sports and physical activities enables children to gain self-awareness. Practising skills or developing in new sports can help the children to persevere. This links directly to their future aspirations of maintaining a hobby, representing a local team or becoming a top athlete.

### Achieve

Our PE curriculum ensures that children achieve a balance of knowledge and skill throughout their PE learning. Knowledge is built upon throughout units and connections are made to skills learnt in previous years. Both the curriculum and extra-curricular activities ensure that there is opportunity for all ages and abilities.

### Intent

At Alexandra Park Primary School, we recognise the importance of PE and its ability to inspire children. Through PE lessons, children are encouraged to engage with a variety of different physical activities. Holistically, the PE lessons develop children's skill and understanding so that they can perform or participate in a game. More specifically, children learn lifelong skills through PE, that are transferrable to other areas of the curriculum. These skills include communication, problem-solving and determination. Exposing children to different types of dances, gymnastics and sporting activities, enhances their curiosity. This may be the main source of exercise for children so it is important that it is of a high quality. Throughout the school, the curriculum is designed to follow and connect previous learning to ensure children can build and develop their understanding.

### Implementation

We implement a PE curriculum that is progressive throughout the school and is engaging for all abilities. PE is taught across the school twice a week with both an indoor and outdoor session. Alongside previous planning, our teaching is supported by the GetSet4PE scheme. This includes a variety of ideas and activities that are carefully differentiated by the teachers according to their class. Within PE lessons, teachers will include 'The Seven Steps' to support children to develop key knowledge and vocabulary (Movement, Games, Creativity, Ownership, Challenge, Meaning, Celebration). Key questions are planned to encourage children to think about their learning, to reflect upon previous learning and to make connections between new and existing learning.

To extend our extra-curricular opportunities, we are entering frequent local competitions and we now offer a dodgeball club. The interest in this has grown significantly in the last few years. We also offer a football club, with teams for both boys and girls. More recently, we have hired two fantastic sports coaches (Adam Bond and Ryan Worrall). Both Adam and Ryan lead game-based sessions that are often centred around global sporting events. Additionally, they coach the football teams, ensuring that they are well prepared for any games or tournaments.

### Impact

Evidence through pupil voice will show that children find PE lessons exciting and engaging, and outcomes in teachers' assessments will show that children can demonstrate and articulate the skills from their PE learning. Children will be able to make connections between their previous learning and put this into practice during games, competitions and events. There should be a positive influx of children eager to participate in extra-curricular activities this year because they enjoy their PE lessons.

